

BREAKFAST ALL DAY STARTS AT 6:30 AM

POWER BOWLS:

YOGURT GRANOLA - Chai Spiced Honey Granola (Nut Free), Homemade Yogurt (Ronnybrook milk), Wildberry Compote, Fresh Fruit, Spices. \$6.99

APPLE OATMEAL - Organic Steel Cut Oats, Homemade Apple Juice, Coconut Sugar, Cinnamon. \$5.99
Add Fresh Fruit \$1.99

ACAI SMOOTHIE BOWL - Acai, Strawberries, Banana, Homemade Apple Juice, Chai Spiced Granola. Vegan. \$8.99

EGGS N' THINGS: replace with gluten-free bread + \$0.75

AVOCADO TOAST - Avocado Spread, Pumpkin Seeds, Red Pepper Flakes, Homemade Sourdough Bread. Vegan. \$7.95

Add protein (egg + homemade ricotta): \$1.99

HERB OMLETTE ON A ROLL - Sage & Scallion Omlette, Crispy Bacon, Avocado, Tomato, Whole Wheat Wrap. \$8.95

Make it Ham and/or Cheese Omlette: \$1.99

Make it Only Whites Omlette: \$1.99

EGGS IN A POCKET - 2 Organic Eggs (Over Medium), Crispy Bacon, Lettuce, Tomatillo Spread, Homemade Pita. \$8.95

SUNNY SIDE-UP IN A BISCUIT - 2 Organic Eggs (Sunny Side-Up), Homemade Biscuit, Baby Arugula w/ House Veganese. \$8.95

BANANA BREAD GLORY - Toasted Banana Bread, Berry Compote, Fresh Fruit, House Ricotta, Almond Caramel Crunch, Honey. \$8.95